

11-7-24

### III HOW TO DETECT A STRONGHOLD -

EXPRESSIONS OF HUMAN PERSONALITY -

INTERRELATED & INTERMINGLED WITH  
THE EMOTIONS AND WILL.

IN OUR PAST EXPERIENCE:

WHAT IS THERE THAT SATAN CAN  
KEEP US IN BONDAGE WITH -

WE CAN CHOOSE TO BE FREE

A WRONG RESPONSE - CAN KEEP US  
"BOUND" - & DAMAGE OUR <sup>EMOTIONAL</sup> EMOTIONS

ALL OF OUR THOUGHTS & ACTIONS  
EACH DAY ORIGINATE FROM:

- ① OUR SELF - (WHICH ARE OURS)
- ② OUR SAVIOUR, HOLY SPIRIT -  
(WHICH ARE GODS)
- ③ SATAN - (WHICH IS OUR ENEMY)

WHEN WE LISTEN TO HIM - WE  
BECOME PREY TO STRONGHOLDS -

WE MUST DETECT & DEFEAT -  
STRONGHOLDS

→ HOW DO WE ~~DETECT~~ DETECT AND DEFEAT STRONGHOLDS —

## I] DETECTING STRONGHOLDS —

MANY TIMES WE HAVE ACCOMMODATED A STRONGHOLD FOR SO LONG — OUR PERSONALITIES ARE IDENTIFIED WITH IT —

→ WE CONCLUDE THAT — ABNORMAL IS NORMAL —

IT IS NOT A SHAME TO HAVE A — STRONGHOLD — BUT — IT IS A SHAME TO KEEP IT —

THEY APPEAR

## A) IN GENERAL WAYS —

- ① FIXATIONS = 'OBSESSIVE' PREOCCUPATION
- ② COMPULSIONS = AN IRRESISTABLE IMPULSE —  
LEADS TO:
- ③ OBSESSIONS = WHICH IS A PERSISTENT IDEA OR FEELING —  
LEADS TO:
- ④ ADDICTIONS = A COMPULSIVE NEED FOR —

⑤ FEARS = ANXIOUS CONCERN, AN UNPLEASANT STRONG EMOTION, OR AN AWARENESS OF DANGER

⑥ ANXIETIES = "PAINFUL UNEASINESS OF MIND -- CREATED BY THE NATURE OF -- OR REALITY OF A THREAT"

⑦ DELUSIONS = A PERSISTENT FALSE PSYCHOTIC BELIEF --

⑧ UNDIAGNOSABLE ILLNESS = "NO CAUSE FOUND"

⑨ EATING DISORDERS = "UNCONTROLLED" DESIRE FOR FOOD --

⑩ SLEEP DISORDERS --

⑪ STRESS RELATED DISORDERS --

⑫ SPECIFIC PROBLEMS --

① GREED = (SELFISH DESIRES)

② ANGER = (AFFLICTION OF DISPLEASURE)

③ PRIDE = (TO INDULGE ONE'S SELF)

- ④ BITTERNESS = (SEVERE DISTRESS OR HATRED)
- ⑤ RESENTMENT = (TO HAVE INDIGNATION AGAINST)
- ⑥ SPITE = (TO TREAT MALICIOUSLY)
- ⑦ LAZINESS = (DISLIKE ACTIVITY CAUSING IDLENESS)
- ⑧ NEGATIVISM = (ATTITUDE OF BEING AGAINST)
- ⑨ PESSIMISM = (TO EXPECT THE WORST)
- ⑩ JEALOUSY = (SUSPICIOUS OF A RIVAL)
- ⑪ LUST = (INTENSE DESIRE FOR)
- ⑫ SELF-CONSCIOUSNESS = (UNCOMFORTABLE WITH "YOUR" SELF)
- ⑬ CONDEMNATION = (PRONOUNCE UNFIT FOR USE)
- ⑭ SUSPICION = (SUSPECTING WRONG WITHOUT PROOF)

"SO ON & SO FORTH"

THE QUESTION =

HOW DO WE DEAL WITH &  
DISARM "STRONGHOLDS"

— NEXT WK —

(STOP)